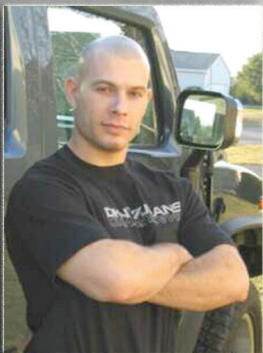


# Do you need a personal trainer?

- \* nutrition education
- \* post rehab
- \* sports specific training
- \* weight loss protocols
- \* progressive fitness
- \* over 10 years experience



- > Certified Personal Trainer
- > Certified Sports Nutritionist



**Eric Marine**

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